



Patient Information: Minor Procedures

| Procedures | Removal of Skin Lesions, Subcutaneous Masses, & Lymph Node Biopsy |
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| Incision Care | Remove any dressing(s) in 24 hrs. The incision(s) may be sealed with sutures , a skin adhesive (Dermabond) or covered with white adhesive tapes known as steri-strips . Either way, there is no need to cover up the incisions again with gauze. |
| Shower | You may shower 24 hours after surgery & get the incision(s) or steri-strips wet with soapy water and gently pad them dry. If the steri-strips come off in the shower, do not become concerned. If they are still in place 10 days after surgery, you may remove them. |
| Pain Medications | You will be given a prescription for a narcotic pain medication (usually Lortab or Percocet). Options for non-constipating pain medications include products that include Ibuprofen or Tylenol. To combat constipation, you may take a stool softener (Colace) twice each day. |
| Diet | You may eat anything you desire. If your throat is sore, try eating soft foods. |
| Activity | Do not do any heavy lifting (more than 5 pounds) or vigorous exercise for 2 weeks . |
| Return to Work | You may resume work in 2 days . |
| Physician Appointment | Call (941) 744-2700 to make your post-operative appointment to see your surgeon in 1 week or if you have any questions. |
| Biopsy Results | It normally takes 4-5 working days to process the biopsy by our pathology lab. This usually works out well so we can review your pathology with you on your follow-up visit. |
| When to call your Surgeon | <ul style="list-style-type: none"> Persistent fever over 101.5 degrees F (39 C). Pain that is not relieved by your medications. Persistent nausea or vomiting. Persistent cough or shortness of breath. Purulent drainage (pus) or bleeding from any incision. Redness surrounding any of your incisions that is worsening or getting bigger. If you are unable to eat or drink liquids. |
| In Case of Emergency | Your surgeon is available 24 hours a day at 941-744-2700, or call 911, or go to your nearest emergency department at Manatee Memorial Hospital or Blake Medical Center. |